

Eligibility

The District Health and Wellness Award is open to Grade 12 students who demonstrate exceptional academic achievement and/or model leadership in one or more of the following areas: Physical Education, School Athletics, Health and Life Skills and overall wellness, such as healthy life choices.

In addition, recipients of this award will demonstrate some of the character attributes in each of the following categories:

- **Engaged Learner:** Engaged learners are motivated and actively contribute to the learning environment. They demonstrate curiosity and are willing to take risks in their learning. They are critical, creative, and reflective thinkers who collaborate and communicate to solve problems. Engaged learners have a passion for learning within and beyond the subject area that will follow them throughout their life.
- **Ethical Citizen:** Ethical citizens understand they are connected to others and to the environment. They see beyond their own self-interest to the needs of the community and build relationships through fairness, humility and open-mindedness. They value diversity and teamwork, collaboration and communication. Ethical citizens demonstrate respect, empathy and compassion and assume responsibilities in a variety of roles.
- **Entrepreneurial Spirit:** Individuals with an entrepreneurial spirit are motivated, resourceful, self-reliant and tenacious. They continuously set goals and work with discipline to achieve those goals. They strive for success, are competitive and challenge the status quo. They explore ideas and technologies and strive to benefit the community and, by extension, the world. Individuals with an entrepreneurial spirit are resilient, adaptable, and have the confidence to take risks.

Application and Selection Procedure

- Eligible students may be nominated by a teacher or personally apply online. Submission form is available at bit.ly/2017DistrictStudentAwards.
- Deadline for application is **Thursday, April 13 at 4:30 p.m.**
- Each high school will receive the list of applicants for their school.
- Each high school is eligible to nominate one recipient for this award category.
- Each high school will select their award recipient to be acknowledged by the District.
- All applicants are required to submit a 250 word explanation of why they are a good candidate for this award – how they exhibit the attributes of the three E's outlined above as well as their achievements directly related to the award category.