

# Making the move to high school

2023–24 High School Guide



# Table of contents

<b>Get on track</b> .....	1
<b>Research your options</b> .....	2
Check out school websites and social media	
Review school program guides	
Attend school open houses	
Learn online for the 2023–24 school year	
<b>Apply to a school</b> .....	3
Your designated school	
Other school options	
Schools with limited space	
Registration vs. pre-enrolment	
<b>Choose your courses</b> .....	5
Course credits	
Course numbering	
Course sequences	
Prerequisites	
Course options	
Alberta High School Diploma requirements	
<b>Core courses</b> .....	8
English Language Arts	
Social Studies	
Mathematics	
Science	
Physical Education	
Career and Life Management (CALM)	
<b>Other courses and programming</b> .....	13
Academic programs	
Language programming	
Campus EPSB	
Off-campus education	
Knowledge and Employability	
<b>Your high school plan</b> .....	17
<b>Prepare for school</b> .....	18
Need a ride to school?	
Watch for your course confirmation	
<b>Supports for student success</b> .....	19
Feeling overwhelmed?	
Specialized programming	
Summer school	
Get awards, scholarships and bursaries	
Level up your leadership	
Planning post-secondary studies	
<b>High school locations</b> .....	21



## Heading to high school in 2023–24

We're committed to making sure you feel prepared for the move to high school! Read through this guide, talk to your family and teachers and attend open houses to decide what's best for you.

### Stay in the know about what's happening in the Division:

- check **SchoolZone** regularly
- visit **epsb.ca**
- follow us on social media:

 **EPSBNews**

 **EPSBNews**

 **EdmontonPublicSchools**

# Get on track

There are lots of steps between finishing Grade 9 and starting your first day of high school. Here's what you can do now to stay on track!



# Research your options

Take time to find information about schools you're interested in and choose one that suits you.

## Check out school websites and social media

Find a list of high schools at [epsb.ca/schools/findaschool/list/seniorhigh](https://www.epsb.ca/schools/findaschool/list/seniorhigh).

Explore school websites to learn more about what you can look forward to, including:

- programs and courses
- registration dates
- athletics and clubs
- news and events
- services for students

School social media accounts will give you a snapshot of student life and exciting ways to get involved.



## Review school program guides

High school program guides are full of information about school programs, courses, clubs and services. Review these guides to learn about each school's programs and what makes it unique. Visit school websites to read more about what they have to offer and to read their program guides.

## ▶ Attend school open houses

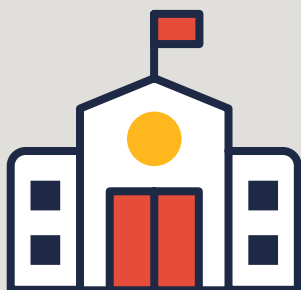
Trying something new feels better when you're prepared. Take the guesswork out of choosing a school and join us at an open house! Discover what programs, activities and complementary courses await you next year. Chat with teachers and ask your questions to find out what feels right for you.

Find open house dates at [openhouse.epsb.ca](https://www.openhouse.epsb.ca).

## ▶ Learn online for the 2023–24 school year

Register or pre-enrol at Argyll Centre to continue your learning journey online. Families who pre-enrol at Argyll Centre will not stay connected to their current or designated school and, in some circumstances, may not be guaranteed a space there the following year. Find more information about pre-enrolment for current students: [epsb.ca/schools/register/currentstudents](https://www.epsb.ca/schools/register/currentstudents).

Learn more about Argyll Centre at [epsb.ca/schools/argyll](https://www.epsb.ca/schools/argyll).



# Apply to a school

## Your designated school

Every resident student of Edmonton Public Schools has a designated school (though it may not be the one closest to your home).

If you are a resident student and register by 4 p.m. on April 14, you can attend your designated high school, **unless your school has a lottery process**.\*

If you register or change your choice after April 14, your options of where to attend high school may be limited.

Find your designated school at [epsb.ca/schools/findaschool](https://epsb.ca/schools/findaschool).

Generally, a **resident student** of Edmonton Public Schools has at least one parent or legal guardian living in Edmonton who is not Roman Catholic.

## Other school options

You can attend any other Division high school, as long as:

- the school has space available
- you meet any entrance criteria the school might have (Old Scona Academic)

## Schools with limited space

If a high school does not have enough space for all students who want to attend, new applicants from outside the school's designated attendance area are chosen by random selection. In this situation, resident students of Edmonton Public Schools are given priority.

For more information about random selection visit [epsb.ca/schools/register/randomselection](https://epsb.ca/schools/register/randomselection).

### \* Lottery process at Lillian Osborne School

Due to growing student enrolment and a shortage of space, Lillian Osborne is a Level 3 school on the **Growth Control Model** and uses a lottery process as needed for resident students from the attendance area and siblings of current students returning.

If you are a resident student of Edmonton Public Schools and this is your designated school, visit our website to understand how the lottery process will impact enrolment: [epsb.ca/lotteryprocess](https://epsb.ca/lotteryprocess).



For more information about high school registration, visit [epsb.ca/schools/register/highschoolregistration](https://epsb.ca/schools/register/highschoolregistration).

## Apply to a school *(continued)*

### Registration vs. pre-enrolment

Are you **new** to Edmonton Public Schools?

**YES**

#### **REGISTER**

To register, visit [epsb.ca/schools/register/newstudentregistration](https://epsb.ca/schools/register/newstudentregistration). Complete a digital student registration form and find out which documents you can use to confirm your address and legal name.

You can register at a Division school throughout the year, but applying after April 14 may limit your options.

**NO**

#### **PRE-ENROL**

**Tell your parents about pre-enrolment.**



Your parents need to sign in to their SchoolZone account to select your preferred school between March 6 and April 14.

#### **Need help?**

Contact your current school principal.

**APPLY BY APRIL 14 AT 4 P.M.**



### Looking for a school with a particular program?

#### **French immersion or bilingual programs**

If you're currently enrolled with Edmonton Public Schools in a French immersion or bilingual program and you plan to continue in the program, you're guaranteed admission to one of the high schools that offers that program **if you pre-enrol by April 14 and select that program.**

#### **High schools with entrance criteria**

If you're applying to Old Scona, you must meet certain entrance criteria, write an entrance exam and submit an application by 4 p.m. on February 17. Visit [epsb.ca/schools/register/entrancecriteriaschools](https://epsb.ca/schools/register/entrancecriteriaschools) for more information.

Learn more about our regular, alternative and specialized programming at [epsb.ca/programs](https://epsb.ca/programs).

# Choose your courses

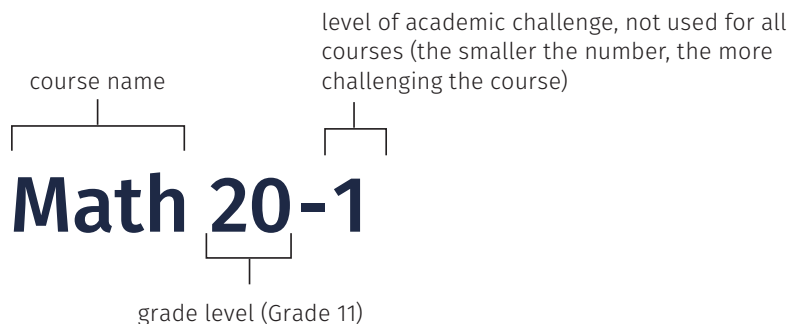
## Course credits

To earn credits in a high school course, you need to complete the course with a mark of at least 50%. Each course is assigned a number of credits (usually 3 or 5), and credits can only be earned once in any course.

## Course numbering

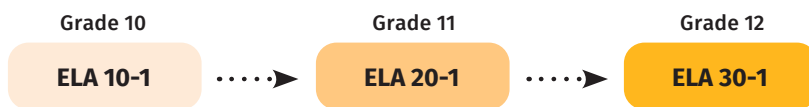
A course number typically tells you both the grade level and level of academic challenge.

- Grade 10 courses are numbered 10 through 15 (for example, Science 10 and Science 14).
- Grade 11 courses are numbered 20 through 25 (for example, Biology 20).
- Grade 12 courses are numbered 30 through 35 (for example, Mathematics 31).



## Course sequences

Course numbers are arranged in sequences. For example, an English Language Arts (ELA) course sequence might involve taking English Language Arts 10-1 in Grade 10, English Language Arts 20-1 in Grade 11 and English Language Arts 30-1 in Grade 12.



You need to meet course requirements and have **100 credits** to earn your high school diploma. For more details on requirements, see page 7.

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

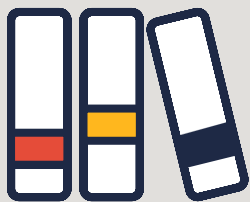
.....

.....

.....

.....

## Choose your courses *(continued)*



### What are core courses?

Core courses are required to graduate.

They include:

- English Language Arts
- Social Studies
- Mathematics
- Science

**Career and Life Management (CALM) and Physical Education** are also required for an Alberta High School Diploma.

### Prerequisites

A prerequisite is something you need to do or know before doing or learning something else. Most Grade 11 and 12 courses have prerequisites. Usually you need to earn a grade of at least 50% in a prerequisite course to take the next course in a sequence.

For example, you'll need **at least 50%** in Social Studies 10-1 to take Social Studies 20-1.

If you earn less than 50%, you may choose to:

- repeat the course or
- with your principal's approval, continue to the next level in a less challenging course sequence (if available) and earn credits retroactively

For example, if you earn less than 50% in Social Studies 10-1, but continue to Social Studies 20-2 and complete the course (with at least 50%), you will earn credits for Social Studies 10-2 and Social Studies 20-2.

### Course options

From fine arts to languages to career and technology courses, there are many complementary courses offered at high schools. Check school websites or program guides and attend online information sessions.

Whether you plan to go to a university, college or technical school or transition directly to the working world after high school, the courses you choose should help you work toward your goals, interests and capabilities.





## Choose your courses *(continued)*

### Alberta High School Diploma requirements

To obtain an Alberta High School Diploma, you must earn at least 100 credits by taking required courses plus other courses that interest you and help you achieve your goals.

These courses are required for a diploma

- English Language Arts 30-1 or 30-2
- Social Studies 30-1 or 30-2
- Mathematics 20-1 or 20-2 or 20-3
- Science 20 or 24 or Biology 20 or Chemistry 20 or Physics 20
- Physical Education 10
- Career and Life Management (CALM)

The science requirement may also be met with the 10-credit combination of Science 14 and Science 10.

Earn 10 credits or more, in any combination, from:

At least 10 credits should come from these courses

- Career and Technology Studies (CTS)
- Fine arts
- Second languages
- Physical Education 20 and/or 30
- Registered Apprenticeship Program (RAP) courses
- Knowledge and Employability courses
- Locally developed courses in CTS, fine arts, second languages or Knowledge and Employability\*

Earn 10 credits or more in any 30-level course (in addition to a 30-level English Language Arts and 30-level Social Studies), in any combination, from:

At least 10 credits should come from these courses

- 30-level Mathematics or Science or fine arts or second languages or CTS or Physical Education
- 30-level locally developed courses\*
- 30-level Work Experience
- 30-level Registered Apprenticeship Program (RAP)
- 30-level Knowledge and Employability courses
- Advanced level (3000 series) in CTS courses
- 30-level Green Certificate Program courses
- Special Projects 30

\* Locally developed courses give you a chance to explore a range of interests like film and media art, leadership or vocal jazz.

Learn more about these course options from high schools that interest you.

### Diploma exams

are assessments given to Alberta high school students who are taking 30-level diploma examination courses. Final marks in these courses are a blend of school and diploma exam marks.

Diploma exams are required in:

- English Language Arts 30-1 and 30-2
- Social Studies 30-1 and 30-2
- Mathematics 30-1 and 30-2
- Biology 30, Chemistry 30, Physics 30 and Science 30
- French Language Arts 30-1

More information: [alberta.ca/education](http://alberta.ca/education).

# Core courses

## English Language Arts

Studying English Language Arts (ELA) involves much more than learning how to read and write. The two aims of the high school English Language Arts program are to:

- provide you with an understanding and appreciation of a broad range of texts and themes
- enable you to use language for many purposes

English Language Arts focuses on six areas: listening, speaking, reading, writing, viewing and representing.



To earn an Alberta High School Diploma, you need to complete:

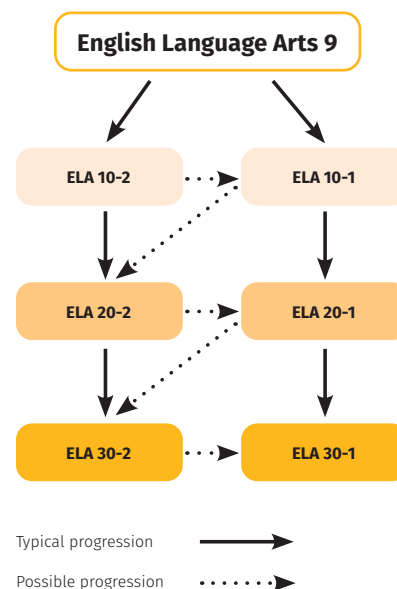
- ✓ **English Language Arts 30-1 or 30-2**

There are two main course sequences in English Language Arts (ELA):

- **English 10-1, 20-1 and 30-1**
- **English 10-2, 20-2 and 30-2**

Both focus on interpreting texts and refining your ability to show that you understand those texts. Additionally, both sequences meet diploma requirements upon completion of the 30-level course. However, ELA 10-1, 20-1 and 30-1 place more emphasis on understanding complex texts, and students who take this course sequence will create and analyze a variety of increasingly sophisticated literary texts.

Some post-secondary programs accept English Language Arts 30-2 for entry. Make sure you're familiar with entrance requirements for the programs you're considering. Talk to your school counsellor to make sure your chosen course sequence is right for you.



Both the -1 and -2 English Language Arts course sequences can be used to apply for the Alexander Rutherford Scholarship for High School Achievement.

### Social Studies

Social Studies explores how people are connected to each other and the world. By studying past and present issues, you'll learn about diversity and respecting multiple perspectives. The goal is to help you decide your future as an engaged and responsible citizen within your local and global communities.



To earn an Alberta High School Diploma, you need to complete:

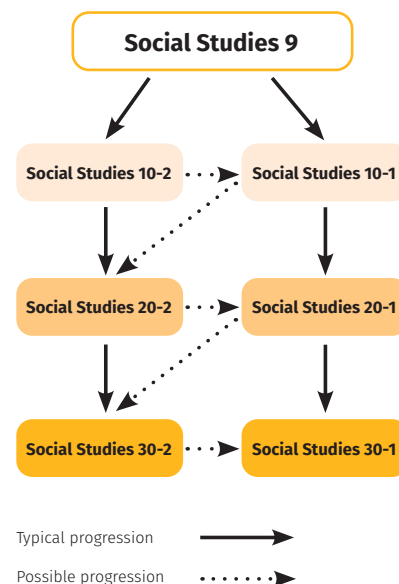
- ✔ **Social Studies 30-1 or 30-2**

There are two main course sequences in Social Studies:

- **Social Studies 10-1, 20-1 and 30-1**
- **Social Studies 10-2, 20-2 and 30-2**

In both sequences, students explore the meaning and effects of globalization, nationalism and ideologies. Additionally, both sequences meet diploma requirements upon completion of the 30-level course. However, the expectations for Social Studies 10-1, 20-1 and 30-1 put more emphasis on complex concept development, critical thinking and skill development.

Many post-secondary schools accept Social Studies 30-2 for entry. Make sure you're familiar with entrance requirements for the post-secondary programs you're considering. Talk to your counsellors to make sure your chosen course sequence is right for you.



Both the -1 and -2 Social Studies course sequences can be used to apply for the Alexander Rutherford Scholarship for High School Achievement.

## Mathematics



Math counts! In every aspect of your life, you use numbers, problem solving and spatial reasoning to help make decisions. The more you learn about how math systems work, the better you will be at making choices that help yourself and others.

### REQUIRED

To earn an Alberta High School Diploma, you need to complete:

- ✓ a 10- and 20-level math course to earn at least 10 credits

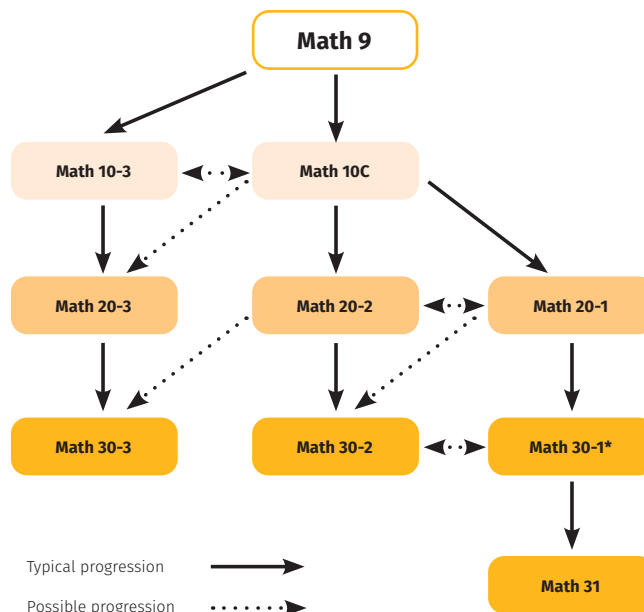
**Mathematics 10C** (Combined) is the starting point for both course sequences and will prepare you for entry into post-secondary programs that require advanced math skills. You must typically have 50% in Math 9 to enter this course.

**Mathematics 20-1** and **30-1** are precalculus courses designed to prepare you for entry into post-secondary studies involving calculus, such as engineering, business and certain sciences.

**Mathematics 20-2** and **30-2** prepare you for post-secondary studies in programs that do not involve calculus, such as arts, nursing and education.

**Mathematics 10-3, 20-3** and **30-3** provide you with the foundational understanding and critical-thinking skills for entry into many trades and for direct entry into the workforce.

**Mathematics 31** is a calculus course that prepares you for post-secondary programs that recommend or require high school calculus for entrance. You can take Mathematics 31 at the same time as Mathematics 30-1. See your school counsellor for more information.



\*Math 30-1 is a prerequisite or corequisite for Math 31.



Both the -1 and -2 Math course sequences can be used to apply for the Alexander Rutherford Scholarship for High School Achievement.

## Core courses (continued)

### Science

Science inspires a sense of wonder and curiosity about the world. Studying the relationships between science, technology and society can help you understand how and why things work. You might even make discoveries that improve yourself and the world.

#### REQUIRED

To earn an Alberta High School Diploma, you need to complete:

- ✓ **Science, Biology, Chemistry or Physics at the 20 level OR both Science 14 and 10**

**Science 10** is the prerequisite for all the academic sciences. In other words, you need to complete Science 10 before advancing to other science courses. Science 10 provides you with an overview of the biological, chemical, physical and earth sciences, as well as an awareness of the connections between them.

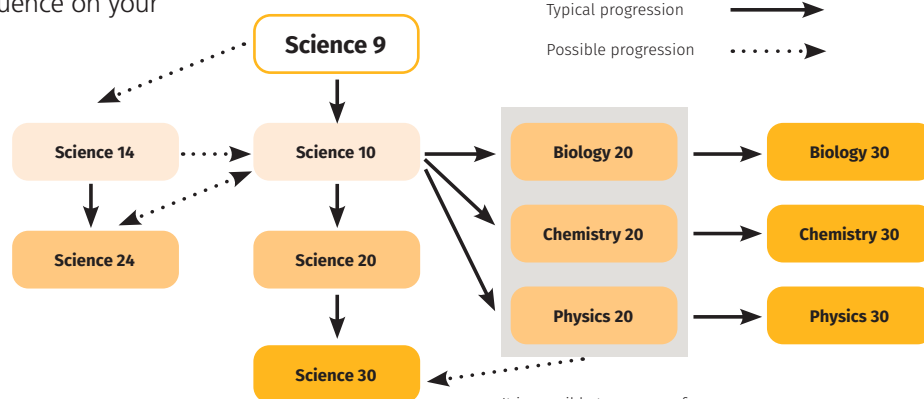
**Biology 20** and **30** explore how living organisms interact with each other and within their systems. Biology 20 focuses on energy and matter exchange and is a prerequisite for Biology 30. Biology 30 emphasizes adaptation and change.

**Chemistry 20** and **30** examine matter and how it interacts on a molecular level. You'll get a chance to explore and understand the natural world and see chemistry's influence on your everyday life.

**Physics 20** and **30** examine matter and energy and their interactions. You will study the underlying physics principles behind natural events.

**Science 20** and **30** explore concepts related to physics, biology, chemistry and earth sciences. Biology 20, Chemistry 20 or Physics 20 can be used as prerequisites for Science 30.

**Science 14** and **24** include topics in biology, chemistry and physics you can apply in your daily life. These courses allow you to meet the credit requirements for an Alberta High School Diploma.



## Core courses *(continued)*

### Physical Education

Physical Education classes are a great way to foster a healthy and active lifestyle. Their central theme—daily active living—explores four main concepts: movement activities, health benefits, interacting positively with others and personal responsibility.



#### REQUIRED

To earn an Alberta High School Diploma, you need to complete:

- ✓ **at least 3 credits in Physical Education 10**

**Physical Education 10** (*3 or 5 credits*) is one of the requirements for an Alberta High School Diploma. Physical Education gives you the knowledge, skills and attitudes necessary to lead an active, healthy lifestyle.

**Physical Education 20** and **30** (*3 or 5 credits*) are optional courses and involve increased exposure to life-skill activities and leadership experience. The skills developed in these courses help you make choices that lead to an active, healthy lifestyle.

Physical Education 9

Physical Education 10

Physical Education 20

Physical Education 30

### Career and Life Management (CALM)

Career and Life Management (CALM) helps you develop the knowledge, skills and attitudes necessary for well-being in our rapidly changing society. You will learn to make well-informed decisions in all aspects of your life.

**CALM** is organized around three main themes:

- self-awareness and health
- resources related to independent living
- career and life choices

Students will participate in independent assignments, group projects and discussions. Guest speakers may be invited to provide information on a wide range of health and wellness issues.

#### REQUIRED

To earn an Alberta High School Diploma, you need to complete:

- ✓ **CALM**

# Other courses and programming

## Academic programs

Many high schools offer academic programs that focus on preparing you for university. If you are considering an academic program, certain courses will differ from those in a regular high school program. The challenging programming is designed to give you a strong foundation for academic post-secondary studies, and could earn you university credit for certain courses. Check with your school counsellor to learn more before planning your courses.

### Advanced Placement

Advanced Placement (AP) courses help students develop critical-thinking and problem-solving skills. The AP program is recognized by hundreds of universities in more than 60 countries. AP is offered at:

- Dr. Anne Anderson
- Eastglen
- Edmonton Christian
- J. Percy Page
- Jasper Place
- Millwoods Christian
- Queen Elizabeth
- Strathcona
- W.P. Wagner
- Vimy Ridge Academy

More info: [apstudents.collegeboard.org/what-is-ap](http://apstudents.collegeboard.org/what-is-ap)

### International Baccalaureate programming

International Baccalaureate (IB) programming is designed to develop inquiring minds, an international perspective and effective work habits. IB qualification is recognized internationally and accepted by more than 100 universities worldwide. IB is offered at:

- Harry Ainlay
- Lillian Osborne
- M.E. LaZerte
- McNally
- Old Scona Academic
- Ross Sheppard
- Victoria

More info: [ibo.org](http://ibo.org)



## Other courses and programming *(continued)*

### Language programming

Language programming is designed to give you a strong foundation for interacting with others and pursuing post-secondary studies in a language other than English. If you are enrolled in either the French immersion or a bilingual program, this information will be important for you to continue this programming into high school.

#### French immersion program

In the French immersion program, students are taught most of their subjects in French. Graduates receive an internationally recognized diploma accepted by French Canadian post-secondary institutions and other universities worldwide. French immersion is offered at:

- Harry Ainlay
- Ross Sheppard

#### Bilingual programs

Bilingual programs are designed as partial immersion programs where students develop linguistic and cultural competencies through an international perspective. Graduates receive internationally recognized diplomas in specific languages accepted at universities worldwide. Bilingual programming is offered at:

- Alberta School for the Deaf (American Sign Language)
- Lillian Osborne (Mandarin Chinese)
- M.E. LaZerte (Mandarin Chinese)
- Queen Elizabeth (Arabic)
- Ross Sheppard (Mandarin Chinese)
- Strathcona (German and Spanish)

More info: [epsb.ca/programs/language](https://www.epsb.ca/programs/language)

### Campus EPSB

Campus EPSB is another way you can earn high school credits and industry credentials, get ahead of your studies or prepare for post-secondary. With Campus EPSB, you could travel to another school for a semester to immerse yourself in a course related to a potential career pathway. It's a great way to get hands-on experience and try out career-specific technologies to help you plan your next steps. Courses include Cosmetology, Community Care, Computer Technician, Automotive Service Technician and more!

Interested in exploring potential careers? Head to [epsb.ca/programs/skills/campusepsb](https://www.epsb.ca/programs/skills/campusepsb) for more information.

Campus EPSB is offered through Career Pathways. Visit [epsb.ca/ourdistrict/topics/careerpathways](https://www.epsb.ca/ourdistrict/topics/careerpathways) to learn more about programming, resources and learning opportunities.



## Other courses and programming *(continued)*

### Off-campus education

Off-campus education allows you to explore job interests and learn more about potential careers.

Courses include:

- Work Study
- Workplace Readiness 10-4
- Workplace Practicum 20-4 and 30-4
- Work Experience 15, 25 and 35
- Career Internship 10
- Registered Apprenticeship Program
- Green Certificate Program

Off-campus learning experiences require students to complete a minimum of 1 credit (25 hours) of safety training.

### Registered Apprenticeship Program

The Registered Apprenticeship Program (RAP) allows you to:

- work as an apprentice to earn credits toward a high school diploma (5 credits for every 125 hours of work, to a maximum of 40 credits or 1,000 hours)
- accumulate hours toward your ticket in one of Alberta's 50 designated trades
- transition into a full-time apprenticeship program when you graduate
- complete health and safety training
- earn a competitive wage

### Work Experience

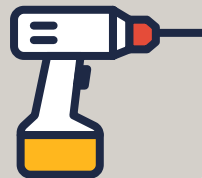
Work Experience 15, 25 and 35 give you the chance to explore possible careers and get credits for paid or volunteer work. One credit is earned for every 25 hours of experience. You may earn 3 to 10 credits at each level, but a maximum of 15 may be counted toward the 100-credit requirement for a diploma.

**While many schools offer the Registered Apprenticeship Program and Work Experience, a variety of off-campus courses may suit your needs. Talk to a school counsellor to find your best fit.**



If your high school offers 3400-level Career and Technology Studies courses, you may be able to use them toward your first year of technical training in a trade.

More info: [tradesecrets.alberta.ca](http://tradesecrets.alberta.ca)



Some employers even pay students for their work!



### Get organized with myBlueprint

myBlueprint provides you with tons of online resources to explore and plan your life both inside and outside school. Use it to build course plans at the school of your choice and track your graduation progress. You can also take surveys and explore your personality, interests and more, and then see what courses, jobs and post-secondary programs might be a great fit.

Sign in to your student account at [schoolzone.epsb.ca](http://schoolzone.epsb.ca) and click on Apps or visit [myBlueprint.ca/epsb](http://myBlueprint.ca/epsb).

# Other courses and programming *(continued)*

## Knowledge and Employability

### Earning a Certificate of High School Achievement

Students enrolled in Knowledge and Employability (K&E) courses can take advantage of community partnerships to prepare for employment, further studies, active citizenship and lifelong learning. K&E courses give you the opportunity to learn through hands-on activities at school and off-campus, maximizing your chances for success in whatever you choose to do.

Earn a **Certificate of High School Achievement** when you complete 80 credits in a combination of K&E and other courses.

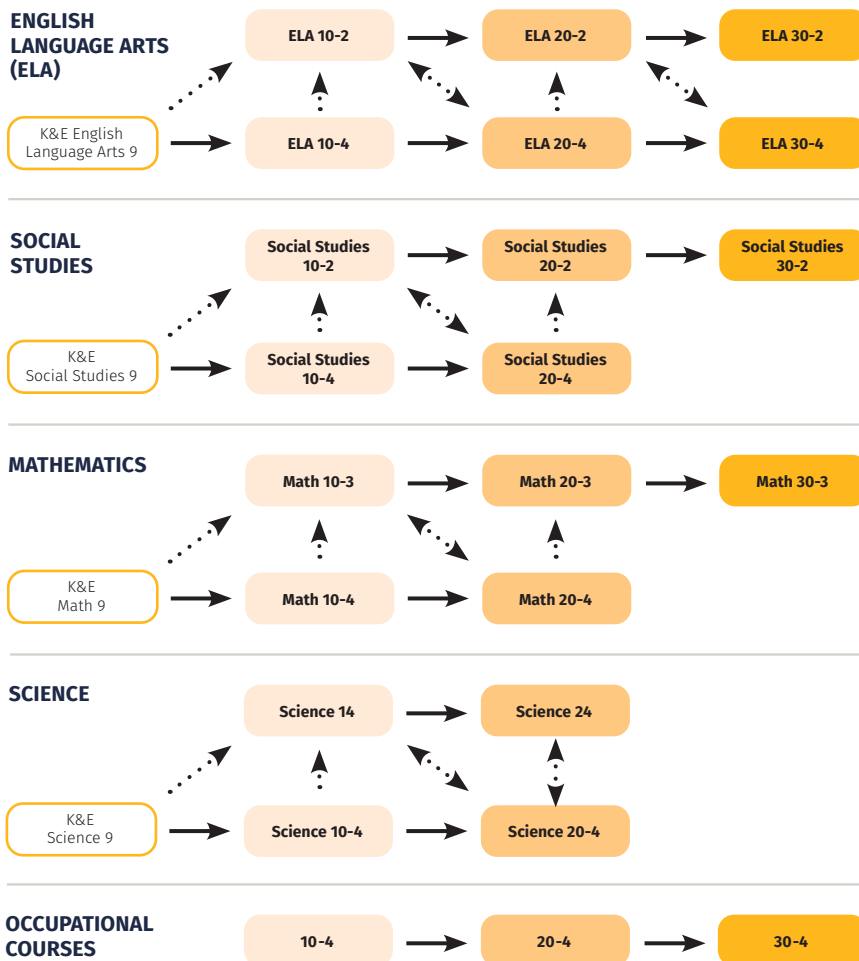
OR

Earn an **Alberta High School Diploma** if you meet the requirements listed on page 7.

#### K&E courses are for you if:

- you plan to complete a Certificate of High School Achievement (rather than an Alberta High School Diploma)
- your goals include succeeding in school to better prepare for the workplace
- you achieve your greatest success through hands-on learning activities

Some students start in K&E courses and then shift to other high school courses. To make the transition, consult with your school counsellor and parents or guardians. Transitions will be decided based on your needs, goals and achievements. You may also transition to training opportunities and continuing education (which includes some colleges and apprenticeship programs).



Typical progression →  
Possible progression .....→

# Your high school plan

Use what you learn from this guide to make decisions about your studies for the next three years.

By planning ahead, you can make sure your studies meet requirements and serve your goals and interests.



## Checklist

Make sure you:

- choose core and option courses needed for your program\*
- have the prerequisites you need
- consider what you need to apply for post-secondary studies and achieve your career goals

\* Career and Life Management (CALM) and Physical Education are not core courses, but are required for an Alberta High School Diploma, so don't forget to add them to your list!

## Sample plan

The sample plan gives you a sense of the courses required to get an Alberta High School Diploma.

### Grade 10

COURSE	CREDITS
English Language Arts	5
Social Studies	5
Mathematics	5
Science	5
Physical Education	5 or 3
Option:	5
Option:	5
Option:	5
<b>TOTAL CREDITS</b>	
Recommended credits: 40	

### Grade 11

COURSE	CREDITS
English Language Arts	5
Social Studies	5
Mathematics	5
Science	5
CALM	3
Option:	5
Option:	5
Option:	5
<b>TOTAL CREDITS</b>	
Recommended credits: 35 minimum	

### Grade 12

COURSE	CREDITS
English Language Arts	5
Social Studies	5
30/35 level course:	5
30/35 level course:	5
Option:	5
Option:	5
Option:	5
<b>TOTAL CREDITS</b>	
Recommended credits: 30 minimum	

# Prepare for school



## Need a ride to school?

Some students drive themselves to school while others catch rides with family or take public transit. Check [takeets.com](https://www.takeets.com) to see if there's an Edmonton Transit System (ETS) route that will take you to school.

## Watch for your course confirmation

During the summer break, you'll receive confirmation of your courses. Sign in to SchoolZone to check your courses and let your high school know if you need to change any classes.

You may also be invited to an orientation day or registration day where you'll pick up your timetable, get textbooks and smile for your student ID photo.



## Save the date!

The first day for most schools is **September 5!**



# Supports for student success

## Feeling overwhelmed?

It's important for all of us to take time to care for our own mental well-being. Our mental and emotional health helps us develop our unique potential, cope with life's stresses, build healthy relationships and contribute to our community.



But it's not always easy to stay balanced as we face the ups and downs of life. High school is both exciting and challenging. You may experience issues with school work, getting along with other students or problems not directly related to school. It's OK to ask for help.

Mental health is a priority for staff and students in schools. School staff will know how to offer you support or guide you to the right place. Talk to staff at the schools you're considering to learn about the supports they have for students.

You can also find supports at **[epsb.ca/schools/goingtoschool/studentconduct/support](https://www.epsb.ca/schools/goingtoschool/studentconduct/support)**.

## Specialized programming

Every student is unique, with different strengths and challenges. We offer a range of environments within high schools to support all students in their learning and to help nurture their social, emotional, intellectual and physical well-being.

If you have unique learning needs that may require specialized supports and services to help you achieve success, visit the high schools you're considering or contact them to ask questions about how they can support your learning.

Discover more about our specialized programming options at **[epsb.ca/programs/specializedprogramming](https://www.epsb.ca/programs/specializedprogramming)**.

## Summer school

Summer school can help you complete required courses, free up space in your timetable for next year, upgrade marks or finish your diploma to pursue post-secondary courses. You can choose from a variety of 10-, 20- and 30-level subjects and finish courses in under four weeks.

Registration opens in the spring. For the most up-to-date information, speak with your high school counsellor, assistant principal or visit **[metrocontinuingeducation.ca/summer-school](https://www.metrocontinuingeducation.ca/summer-school)**.

A vertical column of horizontal dotted lines on a light gray background, intended for student notes.

### Get awards, scholarships and bursaries

Each high school offers awards to recognize students' outstanding accomplishments and contributions. There are awards for:

- academics
- the arts
- athletics
- citizenship, leadership and community service
- environmental and social justice



Contact your high school to learn about specific awards.



Discover more student awards and scholarship opportunities from:

- Edmonton Public Schools and community sponsors at [epsb.ca/schools/goingtoschool/awards](https://epsb.ca/schools/goingtoschool/awards)
- Government of Alberta at [alis.alberta.ca](https://alis.alberta.ca)

### Level up your leadership

Each spring, high schools have a chance to choose two Student Senators to represent their school. Student Senators connect with other students, in all grades, and then share their ideas and concerns about education with Division leaders. Bring your unique perspective and experiences to the Student Senate, and help make sure all students have a voice in decisions that affect their lives.

Learn more at [epsb.ca/ourdistrict/board/studentssenate](https://epsb.ca/ourdistrict/board/studentssenate).

### Planning post-secondary studies

Student Services or an assistant principal at your future high school can help you plan for post-secondary studies. You'll want to become familiar with admission requirements for the post-secondary schools you're considering. Check each school's website for up-to-date requirements, registration deadlines and program info.

Find lists of post-secondary institutions, planning resources and more at:

- [alberta.ca/education](https://alberta.ca/education)
- [eae.alberta.ca](https://eae.alberta.ca)
- [alis.alberta.ca](https://alis.alberta.ca)



# High school locations



## High schools with designated attendance areas:

- ★ Dr. Anne Anderson
- ★ Eastglen
- ★ Harry Ainlay
- ★ J. Percy Page
- ★ Jasper Place
- ★ Lillian Osborne
- ★ M.E. LaZerte
- ★ McNally
- ★ Queen Elizabeth
- ★ Ross Sheppard
- ★ Strathcona
- ★ Victoria
- ★ W.P. Wagner

## Specialized high school programs without designated attendance areas:

- ◆ Alberta School for the Deaf
- ◆ Academy at King Edward (*multiple campuses*)
- ◆ amiskwacyi Academy
- ◆ Argyll Centre
- ◆ Braemar
- ◆ Centre High Campus
- ◆ Edmonton Christian
- ◆ L.Y. Cairns
- ◆ Learning Store at Blue Quill
- ◆ Learning Store at Northgate
- ◆ Learning Store West Edmonton
- ◆ Learning Store on Whyte Avenue
- ◆ Metro Continuing Education
- ◆ Millwoods Christian
- ◆ Old Scona Academic
- ◆ Vimy Ridge Academy



Use the Find a School tool to search for your designated school. You can also search by school name, program or keyword.

[epsb.ca/fast](https://epsb.ca/fast)

Visit **epsb.ca** for more information

Edmonton Public Schools  
Centre for Education  
1 Kingsway NW  
Edmonton AB T5H 4G9

780-429-8000

 EPSBnews  EPSBnews  EdmontonPublicSchools

*Revised March 1, 2023*